## Powerful Tools for Caregivers Six-Week Educational Series



Powerful Tools for Caregivers program provides information and education for friends and relatives acting as caregivers for an adult with chronic medical conditions.

Join us for 2 hours each Tuesday for six weeks and gain tools, knowledge and support to help you take better care of yourself to enable you to continue to be an effective caregiver.

This weekly series of classes is taught by certified class leaders Katrin Finch and Jona McNamee.

**DATE:** Tuesdays, October 6 – November 10, 2020

**TIME:** 6:00pm – 8:00pm

**LOCATION:** All classes will be online via Webex

**COST:** No cost

**REGISTRATION:** Register online (scan the QR code below) or complete and submit this form to Katrin Finch at MSU Cascade County Extension. For

questions call 406-454-6980 or email Katrin Finch at katrin.finch@montana.edu

## **REGISTRATION FORM**

- **•NO COST for class**
- Mail registration form to: MSU Cascade County Extension,
   3300 3rd St NE, #9,
   Great Falls, MT 59404
- \*Registration deadline is October 6.



Email

(use phone camera to scan code and select the notification to follow the link)

Register online by scanning the QR code or visit our website at cascade.msuextension.org visit the Family and Consumer Sciences tab for the registration.

