

Providing education, outreach and training on opioid and stimulant prevention, treatment and recovery for rural and native Montana youth

Youth comprise a large percentage of Montana's population

22% of Montanans are under the age of 18, while 38% are under the age of 18 within tribal populations

*According to the Montana Youth Risk Behavior Survey (2019)

**Montana American Indian Student Data Report (2016)

Over one in ten high school students reported taking a prescription drug without a doctor's prescription during their lifetime*

14% of students have used methamphetamines and 16% of Native students have used cocaine**

SAMHSA ROTA 2020

Expansion Grant Goals:

Gain a better understanding of the situation faced by rural and native youth in Montana as it pertains to opioids and stimulants

Develop and disseminate education and outreach materials

Provide technical assistance trainings to rural and tribal partners

Completed to Date:

- ✓ **Conducted four focus groups** with all four rural partnering high schools
- ✓ **Collected 166 youth surveys** from two of the four rural partnering high schools
- ✓ **Gained IRB approval** for focus groups and youth surveys from all nine tribal IRB's, Tribal Health Departments, and Tribal Colleges

“As a parent, you can't help your kids with something that you don't know exists. Make them aware of the problem so they can watch and instruct their kids.”

“Culture of, just take a pill.”

“Crosses all lines, it can be a problem for anyone. It's horrible.”
“I still hear kids talk about Ritalin; I think that's probably still in our community.”

“There is a lack of education.”



Upcoming Grant Activities:

Continue gathering youth-focused data via surveys from rural and tribal high school students, and focus groups from tribal communities

Analyze and use data to design and deliver education and outreach materials

Analyze and use data to design and deliver two sets of youth curriculum:

1. **An online, self-paced curriculum** specifically designed for rural youth
2. **A new, culturally relevant 'opioid and stimulant reduction/mental wellness curriculum'** designed specifically for youth living on Native American reservations

Create five, 6–9-minute youth-focused opioid/stimulant misuse education videos

Provide youth-based technical assistance trainings to TOR grantees

Provide youth-based technical assistance trainings to statewide professionals working on OUD/SUD

As a recurrent grantee our 2018 team accomplished the following:

Produced four PSA videos on prescription opioid use and OUD recovery stories
(Two additional PSA videos on MAT stigma and recovery stories are under development)

Developed rural and tribal prescription opioid education and awareness toolkits
for Extension Agents to utilize in their communities

Tribal toolkit outcomes to date: Tribal Liaison reported 397 participants comprised of tribal leaders, bundle keepers, pipe carriers, holy carriers, and community youth attended tribal camps to discuss, review, and edit each of the five tribal toolkit modules

Held two Statewide and two Tribal Technical Assistance Training events pertaining to opioid use and misuse among the older population, tribal communities, and pregnant mothers

54 total attendees at the two TTA events

165 total attendees at the two STA events

Disseminated educational materials using data from focus groups, statewide surveys, and tribal strategic plans

For more information please visit

http://health.msuextension.org/opioid_misuse.html

The U.S. Department of Agriculture (USDA), Montana State University and Montana State University Extension prohibit discrimination in all of their programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, and marital and family status.

